

APPENDIX C. Imaginary Friends Questionnaire 2.0

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1. My imaginary friend(s) is more than just a pretend friend.
T F
2. My imaginary friend(s) gives good advice.
T F
3. I have more than one imaginary friend and they disagree.
T F
4. My imaginary friend bugs me and I wish it would go away.
T F
5. My imaginary friend(s) takes over and makes me do things I don't want to do.
T F
6. My imaginary friend(s) tells me to keep secrets.
T F
7. My imaginary friend(s) tries to boss me.
T F
8. My imaginary friend(s) has knowledge about my life that I don't have.
T F
9. My imaginary friend(s) has skills or abilities that I don't have.
T F
10. My imaginary friend(s) does not like others to know about him/her.
T F
11. My imaginary friend plays with me when I am lonely.
T F
12. I wish everyone could see my imaginary friend(s) like I do.
T F
13. My imaginary friend helps me when I am afraid.
T F
14. My imaginary friend comes to me when I am angry.
T F
15. My imaginary friend comes to me when I am happy.
T F

Scoring the Imaginary Friends Questionnaire

The Imaginary Friends Questionnaire can be used to help make the differentiation between normal imaginary friend phenomena and pathological dissociative phenomena. Research suggests that item numbers 1, 3, 4, 5, 7, 10 and 14 are more characteristic of children with severe behavioral and emotional problems who have been diagnosed with dissociative symptoms and disorders.